



# Proclamation

## SPIRIT DAY May 2, 2019

- Whereas:** The Spirit of the North Healthcare Foundation is a non-profit organization that provides individuals with meaningful opportunities to contribute to improving healthcare in Northern BC; and
- Whereas:** Spirit Day (May 2nd, 2019) is an 11 hour Radiothon where sponsors and volunteers from the Prince George area raise awareness and funding that will this year benefit how Mental Health and Wellness is treated and assessed; particularly for youth, and
- Whereas:** the goal for Spirit Day is to raise \$70,000 for a calming room at UHNBC, which will provide a gentle option for mental escape in a safe and secure environment; and
- Whereas:** healthcare is something that touches us all, and Mental Health is something that affects 1 in 5 people daily in Canada; and
- Whereas:** citizens are encouraged to take part in Spirit Day and unite in the spirit of giving to support Youth Mental health in the North.

Now therefore, as Mayor of the City of Prince George,

I proclaim that **May 2, 2019** be observed as:

**"SPIRIT DAY"**

in the City of Prince George.

Mayor Lyn Hall  
City of Prince George